Monkfish and Prawn Citrus Skewers

Printed from Monkfish Recipes at http://www.monkfishrecipes.co.uk/

Monkfish and prawns are marinated in a simple mixture of lime juice, garlic cloves, green chilli and teriyaki sauce before being grilled until crisp in this fabulous BBQ recipe.

Ingredients:

400g monkfish fillet, skinned and boned 200g cooked prawns, deveined 3 limes 1/2 green chilli 1 garlic clove 2 tbsp. teriyaki sauce 2 tbsp. oil 16 small soaked bamboo skewers

Directions:

- 1. Cube the monkfish. Mince the garlic clove and the chilli, omitting the seeds if desired. Juice the limes.
- 2. Combine the lime juice, green chilli, garlic clove and teriyaki sauce in a bowl and add the monkfish and prawns. Stir to coat, then cover and marinade for 1 hour.
- 3. Thread the fish and prawns onto skewers. Heat a BBQ over a high heat, lightly oil the cooking grate and add the skewers. Cool for 2-3 minutes on either side until the fish is cooked through.

Author: Laura Young